

# **Team Building activities for teacher workshop**

## **Monday**

### **Speed friending**

- Get into groups of 5 and pick one person to start.
- You will be given 30 seconds to answer the question as completely as possible.
- You must stop when the time is up regardless of where you are. The other individuals in the group may not ask questions or interject in any way, nodding heads is okay.
- After the first individual's 30 seconds are up, the person to their left now has 30 seconds to answer the same question. Repeat this process until all individuals have spoken.
- The next round will have a new question, and the person to the right of the individual who started will now start the next round.
  
- There will be 8 Questions, 30 seconds each
  - Describe the most important aspects of yourself in 30 seconds.
  - What are some of your favorite hobbies/ways to pass time?
  - If you were to tell one person "Thank You" for helping me become the person I am today, who would it be and what did they do?
  - What characteristic do you most admire in others?
  - What aspect of your personality adds the most value to your work?
  - What's the most important lesson you've learned in the last year?
  - What does success look like to you?
  - What do you get to do at work every day that you love?